

A 4-PART
PERSONAL DEVELOPMENT SERIES

SLAYING YOUR INVISIBLE DRAGONS

GET RID OF THE SUCCESS BLOCKERS IN YOUR CAREER

Dr. Andrea Bowens-Jones





Know Your Truth.

Your value is your truth. It is a powerful reflection of who you are today plus who you are becoming tomorrow.

ABOUT THIS SESSION...

There is a starting point to every fight - the 'jump off point'. This fight starts with YOU knowing your truth. In this session, you'll dig deep to prepare for the battle.



Know Your Opponent.

What you're fighting against always looks bigger in your mind than it actually is in reality.

ABOUT THIS SESSION...

Before you take the first swing, you have to 'size up' your opponent. This is where you carefully look at what you're fighting against, so that you can decide how to attack. In this session, you'll 'size up' your dragon before the battle.





Activate Your Inner Hero.

You are brave.

You are highly gifted.

You matter.

You are your own superhero, because it's inside of you.

ABOUT THIS SESSION...

Activating your inner hero is the ability to turn on your inner strengths to fight your battles. In this session, you'll muster up the courage to slay your invisible dragon.





Sacrifice for the Win.

The battle is never easy. Sometimes you have to give up a little to win.

ABOUT THIS SESSION...

Success is not automatic. You have to fight for it. In this session, you'll build a strategy to move forward. You'll get rid of the success blockers that have held you back by slaying your invisible dragon.



SYID Mastermind includes...

6 sessions

- Group Sessions covering the 4 Steps to Slay
- 1-on-1 Strategy Session to implement your plan of action

READY TO BE A DRAGON SLAYER?

SECURE YOUR SPOT TODAY!

Contact: andrea@idgvision.com

IDGVISION.COM/SLAYINGDRAGONS